



**SUSSEX
GOSPEL
PARTNERSHIP**

ANNUAL CONFERENCE 2018
Programme and notes

**THE
GOSPEL
CHANGES
EVERYTHING**



PROGRAMME

Session 1 (10 to 11:20am)

*Tim Lane: Understanding Yourself
- helping others starts with you*

Refreshment break

Seminars (12 to 1pm)

Lunch

Session 2 (2 to 3:30pm)

Tim Lane: Helping One Another



We are very pleased to welcome Tim Lane as our main speaker today. Tim is the Founder and President of the Institute for Pastoral Care, a ministry that equips local churches to care for their people, and Tim Lane & Associates, a counselling practice located in Peachtree City, Georgia, USA. He is also a minister in the Presbyterian Church in America, having been ordained in 1991, and has authored and co-authored many books.

For more information about Tim Lane

Web	timlane.org
Twitter	@timlane
Facebook	Tim Lane & Associates

SEMINARS

Your allocated seminar is on your name badge, by letter.

Please refer to the list below and the venue plan on the back cover for the location of your seminar.

SEMINAR TITLES	Speaker	Venue
A) Applying the Gospel to marriage	Tim Lane	Main Auditorium
B) Applying the Gospel to our identity	Helen Thorne	Hassocks Room
C) Applying the Gospel through our small groups	Steve Midgley	Cuckfield Room

Helen Thorne



Helen is the Training and Mentoring Director for London City Mission, leading a team that equips staff and churches in cross-cultural mission. She is also an author and biblical counsellor and a speaker at Biblical Counselling UK events.

Steve Midgley



As well as being the senior pastor of Christ Church, Cambridge, Steve is the Executive Director of Biblical Counselling UK (BCUK). He also teaches courses in biblical counselling at Oak Hill College in London.



MINISTRY TRAINING MORNINGS

for anyone active in Christian ministry

ONE PER TERM
WEDNESDAY MORNINGS WITH LUNCH

Next Training Morning: 6 March 2019
Training people in 1 to 1 Bible Study

Further details via the SGP website soon



TIM LANE

Unstuck

A NINE-STEP JOURNEY TO
CHANGE THAT LASTS



SESSION 1 (Tim Lane)

UNDERSTANDING YOURSELF - Helping Others Starts With You

Gauge Your Reactions

The deeds of the sinful nature

Galatians 5:19-21

The deeds of the new nature

Galatians 5:22-25

Look underneath

Asking the Why? And What? Questions

James 3:9-12

- Why did you do that?
- What did you want that you did not get?
- What did you get that you did not want?

Make the Connection

The nature of true change is rooted in our union with Christ

What does it mean to be united to Christ?

Remember: RELATIONSHIP

Chosen *Ephesians 1:4, 11*

Called *Ephesians 4:1, 4*

Made Alive *Ephesians 2:4-5*

Justified *Ephesians 1:7*

Adopted *Ephesians 1:5*

New Nature *Ephesians 1:4, 13-14*

Hope in Suffering *Ephesians 3:13*

Perseverance *Ephesians 1:13-14*

Glorification *Ephesians 1:10, 13-14*

Relate in real life

Union with Christ in real time

Going Vertical

1 Corinthians 1:30

Move ahead

The rest of the story

- Real change is specific and concrete
- A few hours later...
- Micro-moments and the long game
- Be patient with yourself...God is!
- Embrace change within community

SEMINAR A - Applying the Gospel to Marriage (Tim Lane)

Ephesians 4:1-16 - Two Important Dynamics

Build Unity (verses 1-6)

Embrace Diversity (verses 7-16)

Understanding the research of John Gottman
- seven principles for making marriage work

What destroys friendship/unity in a marriage?

- | | |
|-----------------|--------------------------------------|
| • Criticism | Use gentle start up |
| • Defensiveness | Take responsibility |
| • Contempt | Describe your own feelings and needs |
| • Stonewalling | Do physiological self-soothing |

Building Unity

What makes marriage work?

Principle #1 Enhance your love maps

Principle #2 Nurture your fondness and admiration

Principle #3 Turn toward each other instead of away. 80% vs 20%

Building unity leads to Positive Sentiment Override (PSO)

Embracing diversity

How do you manage conflict in your marriage?

Solvable problems and perpetual problems

Principle #4 Let your partner influence you

Principle #5

Solve your solvable problems

Principle #6

Overcoming gridlock

Dreams within conflict

The art of compromise

Gottman and Transcendence

Principle #7

Create shared meaning - four pillars

- 1) Rituals of connection
- 2) Support for each other's roles
- 3) Shared goals
- 4) Shared values and symbols

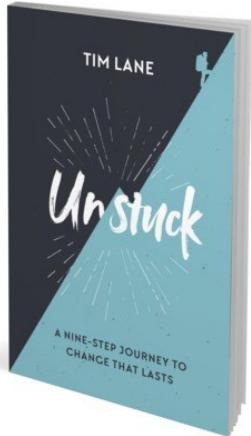
“When marriages fail, it is not increasing conflict that is the cause. It is decreasing affection and emotional responsiveness...Indeed, the lack of emotional responsiveness rather than the level of conflict is the best predictor of how solid a marriage will be five years into it. The demise of marriages begins with a growing absence of responsive intimate interactions. The conflict comes later.”

Sue Johnson, *Hold Me Tight*

Keeping the song in your marriage

ALL BOOKS ON THE BOOKSTALL

discounted today!



Unstuck

A nine-step journey to change that lasts
Tim Lane

RRP: £8.99 **£5**

Do you want to change but feel stuck?

Whatever your struggle, this warm and encouraging book will empower you to break free from unwanted habits and behaviours that don't seem to go away, as you look to Christ in the day-to-day pressures of life.

Purity is Possible

How to live free of the fantasy trap

Helen Thorne

RRP: £7.99 **£6.50**

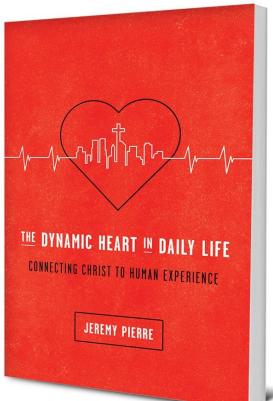
One in five Christian women use pornography. One in three visitors to a porn site is a woman. But no one talks about it. It is the unspoken struggle of thousands of Christian women – perhaps you, and probably someone you know. In this book Helen shows how purity is better and more satisfying than fantasy – and that, whoever you are and whatever your struggles, purity is possible.

Purity
is possible

How to live free of the fantasy trap



Helen Thorne



The Dynamic Heart in Daily Life

Connecting Christ to human experience

Jeremy Pierre

RRP: £15.99 **£8.99**

The Dynamic Heart in Daily Life provides a comprehensive view of how the heart works and how Christ redeems it. Pierre guides readers through four key activities - reading, reflecting, relating, and renewing - that will consistently position them to understand everyday human experiences in light of Scripture.

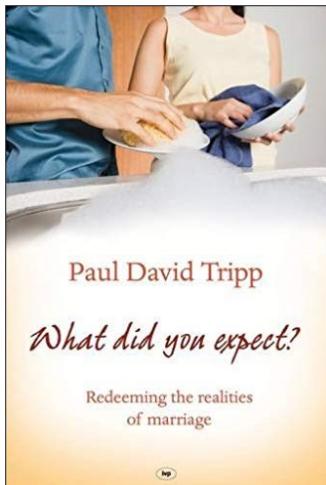
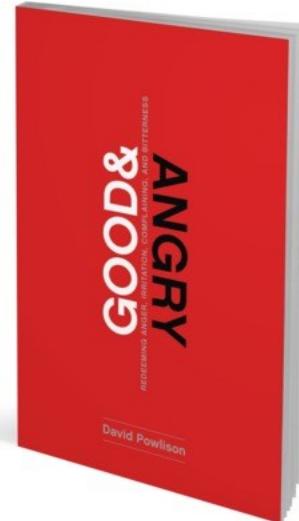
Good & Angry

**Letting go of anger, irritation,
complaining and bitterness**

David Powlison

RRP: £14.99 **£9.99**

This book looks closely at the roots of our anger, and helps us learn a new way, a redemptive way, of handling life when it goes wrong and gets on our last nerve. You, your family, and your friends will all be glad that you read this book.



What did you expect?

Redeeming the realities of marriage

Paul David Tripp

RRP: £12.99 **£9.99**

Six practical commitments that give shape and momentum to marriage.

Realistic expectations are not about hope without honesty, and they are not about honesty without hope. Realism is found at the junction of unabashed honesty and uncompromising hope. God's Word and God's grace make both possible in your marriage.

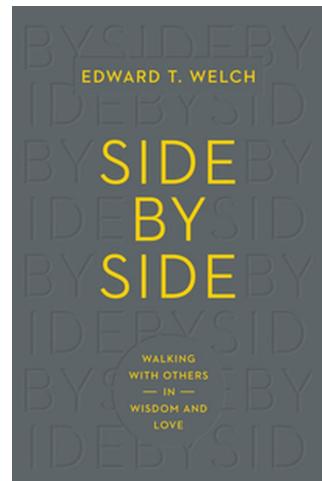
Side by Side

Walking with others in wisdom and love

Ed Welch

RRP: £10.99 **£8.99**

This book is written for those eager to see God use ordinary relationships and conversations between ordinary Christians to work extraordinary miracles in the lives of His people.



SEMINAR B - Applying the Gospel to our Identity (Helen Thorne)

Identity and the Fall

Genesis 1-3

- Creation
- Choice
- Curse

Identity and Culture

Romans 1

- Compare
- Camouflage
- Change

Identity and Pain

1 Corinthians 6

- Comfort
- Control
- Cleanse

Identity and the Gospel

Ephesians 1

- Celebration
- Contentment
- Commitment

SEMINAR C - Applying the Gospel through our Small Groups

(Steve Midgely)

What are we meeting for?

A biblical vision for small group ministry

Setting Priorities for Small Groups

An Overarching Purpose

Sanctification: *The work of God's free grace whereby we are renewed in the whole man after the image of God and are enabled more and more to die unto sin and live unto righteousness*

Shorter Westminster Catechism

Common objections

Implementing and sustaining change

A small group leader's Job Description

Three measures of 'success'

Further reading

- Tod E Bolsinger *It takes a church to raise a Christian* (Brazos Press 2004)
C J Mahaney (ed) *Why small groups?* (Sovereign Grace Ministries 1996)
Steve Midgley *Something worth meeting for – a biblical vision for small groups*
(Journal of Biblical Counselling 28:3 (2014))

SESSION 2 (Tim Lane)

HELPING ONE ANOTHER

*Before we can help another person, we must first understand them.
You cannot love someone you do not know.*

1. Get grounded

One thing you can't do too much...

Philippians 2:1-4

2. Scavenger Hunt

Another thing you can't do too much

1 Corinthians 1:2

3. Understand you

Understanding personality, emotions and sanctification

Psalm 139:13-16

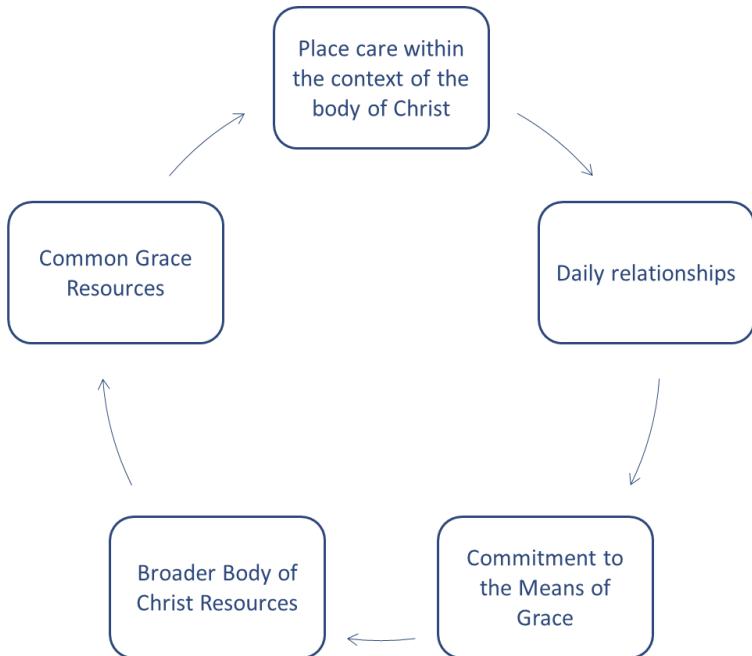
4. Look around

People are uniquely complex

Get to know their story

The blessings and suffering

Help inside and outside the body of Christ



Putting it all together: a case study

BIBLE BY THE BEACH 2019

AMAZED - Sin, Grace and an amazing God

Lively and contemporary in style, *Bible by the Beach* is a high quality, Bible-centred conference for all God's people. It attracts church groups, couples, families and individuals at all stages on their Christian journey. Gathering together in **Eastbourne** over the first May bank holiday weekend each year, more than 1000 Christians of all ages are encouraged, strengthened and equipped through clear, faithful and applied teaching of the Bible.

2019 speakers include Don Carson, Marcus Nodder, Lee Gattiss, Linda Allcock, Mike Reeves, Mark Pickles and Dan Strange. Noel Tredinnick and the All Souls Orchestra will be leading our sung worship throughout the weekend. A full children and youth programme, an extensive bookstall and exhibition area, and After Hours evening events are all part of the 2019 event.

Tickets available for the whole weekend or individual days.

For more info

visit www.biblebythebeach.org

or contact Event Co-ordinators Denise Sinden or Tess Powderham

info@biblebythebeach 07958 047 140

SORTED

A bible centred youth
event for 14s-18s

BY THE SEA

25.01.19

7:30pm- 9:15pm

Bishop Hannington, Hove

£1 per teenager

Speaker:
Rory
Graham

TO GOD BE THE GLORY

Sussex Youthworks "Come and See!"

Three Saturday mornings each academic year offering Biblical teaching, training and encouragement for all who teach the Bible to children and young people, whatever the setting. They are great times to meet others in similar ministries in Sussex churches, and are open to all. **£7 per person**

Saturday 2 March 2019 at Cuckfield Baptist Church, when we welcome back Rory Bell, Director of Training from TnT Ministries.

Saturday 22 June 2019 at Christ Church, Haywards Heath, when we look forward to Tamar Pollard leading our time together. Tamar is Children's Worker at Christ Church, Fulwood, and author of the 'One Day Wonders' series for children and families and co-author of 'Epic Explorers'.

Further info available soon at sussexgospelpartnership.org.uk/events



Rory



Tamar



**SUSSEX
GOSPEL
PARTNERSHIP**

focussed training for pastor-teachers

EQUIP! is an intensive training course for those whose work is preaching God's word and leading his church. It is designed for those with at least six years' experience in full-time Christian ministry.

Consisting of seven training days spread over one year, the aim of the course is to equip *Pastor-Teachers* for the next decade of ministry - to refresh, reinvigorate and refocus them; and to develop and deepen their ministry practice.

How about encouraging your pastor to do Equip!

To find out more visit www.sussexgospelpartnership.org.uk/equip

The Sussex Gospel Partnership

working together for a growing gospel church in every Sussex community

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FIRST AID

First Aid Cover is being provided by Eric Spencer today.
If you need help, please go to the Reception Desk in the Foyer and ask for Ian MacLennan or Wendy Sands who will contact Eric.

CHILDREN AND YOUTH

Crèche/Imagine (Babies and Preschoolers) drop-off and pick-up: SOFT PLAY & LOUNGE

Inspire (School Years Reception to Year 5) drop-off and pick-up: BOLNORE ROOM

Ignite (School Years 6 to 11) drop-off: LINDFIELD ROOM (upstairs); pick-up from the FOYER

Coffee Break

Only the youth in *Ignite* (Yrs 6 to 11) rejoin parents during coffee break

Please do not disturb the other groups (*Crèche/Imagine* and *Inspire*) during the break!

Lunch break and end of day

Please collect your children quickly FROM THEIR PICK-UP POINT. Parents are responsible for their children during lunch.

Would parents please keep their mobile phones turned on, in silent mode, so that leaders can contact them during the day if needed.

VENUE plan

